

Inistoge & Thomastown Race Report

The Double Header race weekend took place on the beautiful stretch of the Nore in County Kilkenny. Several of us camped out overnight. Danny was in charge of toasting the Marshmallows, Morgan in charge of the burgers and 80's playlist. Aisa was in charge of coffee and breakfast the next day. We even had time for some show jumping !!! but if you were not there you will have to see what we mean when you join us next year.

On Saturday night two Memorial races were held to honour local teenagers Brendan Fitzpatrick and Eoin Doyle who are members of Thomastown Paddlers but died in the past year. A minute's silence was held to remember both paddlers.

On this Memorial night all types of boats from K1,K2,GPS, Dragon Boats, SUPs....., took to the water.

In the Brendan Fitzpatrick Memorial race Morgan and Danny Cooper finished 1st in the K2 10km race, Aisa Cooper finishing 4th in the 10km K1 section. Sean Heneghan finished 2nd in the 5km Eoin Doyle memorial race. The race ran from Inistoge downstream, around the islands and back again.

On Sunday the Marathon Division races started in Thomastown, and finished in Inistoge, with some lovely grade 1, 2 rapids to add some entertainment.

In Div 3 Aisa cooper came away with Gold with a very impressive time of 47.49. A very impressive time.

In Div 7 Cillian Butler also took gold. A flawless run from beginning to end. Well done.

Morgan and Danny Cooper finished 6th in a very packed K2 division. Both Noel and Sean took a swim, or swims in Sean's case, (maybe there will be a dual marathon kayak/swim next year) Both managed to hop back in and finish the race. Noel 7th in Div 3, Sean 7th, Div 4.

A massive thank you to Thomastown, very well run race, great rescue, amazing spread of food on both nights and the strongest turn out for an event this year. We will add this to our clubs camping trip schedule for 2025.





Dalkey Sea Trip

14 members of the club took the seas around Dalkey for a sunset paddle. It was a beautiful summers evening and we got a chance to float around with some seals and discover Dalkey Island.



Some hard 250's training on Wednesday night



Sella Marathon Spain 2024

We wish Celbridge Paddlers **Rob Hetherington & Aisa Cooper** the best of luck at the "Sella" in Spain. Enjoy the 20 km race and the chaos of the start. We will look to join you for the 2025 edition.



All paddles are locked until the race starts, then it's a dash to your boat



Our Annual BBQ and activities day
is on
Sunday 25th of August.
Keep this day free.

Level 2 Assessment TBC Took Place on the 19th June, 2024. Congratulations to all who took part and passed on the day. a special thank you to Eavan, Matt, Rob for all your support.

Next Club Event: Maybe a walk up the Sugar Loaf or we can race alongside the park run in Kilcock on the Royal Canal. TBC.

Club River Training. We will look to organise a Lower Liffey training day prior to the race taking place on the 8th of September and hopefully another visit to Vanessa/Temple Mills during August.

Two great options for "reed" free paddling, close to home.

WWKC Summer Time Trial

Time trial every Tuesday, at WWKC, Lower Rd, Chapelzod, D20.

First Race: 4th June, registration closes at 7pm.

- Choice of 2.5km, 5km, 7.5km and 10km distances.
- Wave format to promote wash hanging.
- Open to all boat types and speeds
- €5 entry includes BBQ (weather dependent)

All participants must be level 2 standard and members of Canoeing Ireland.



Salmon Leap Canoe Club

Tom Egan · 30 Apr · 🌐

Hi everybody delighted to announce that the 10k summer series starts again this Thursday 2nd May at 7pm sharp.

This series is for all ages and abilities.

There will be distances of 2.5km , 5km, 7.5km an 10km.

Looking forward to seeing you all including the spectators 😊

Non-club members very welcome.



10km Summer race series is back!

Starting this Thursday 2nd May 7pm.



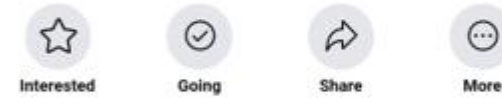
Liffey Odyssey 2024:

From Garda Boat Club Chapelizod through the City Centre ending at the Poolbeg towers.

← Liffey Odyssey 2024



Sep 1 Liffey Odyssey 2024



Public · Hosted by Liffey Odyssey

Sunday, September 1, 2024 at 1 PM CEST

Islandbridge

About

Discussion

Share and invite

Details

This year the 2024 Liffey Odyssey will take place on Sunday 1st September .



SUNDAY, SEPTEMBER 1, 2024 AT 12 PM

Galway Kayak Marathon

Public · Event by Vaughan Warren and Canoe Marathon Ireland

Interested

Going

...

Commercial Boat Club

Steamers Quay, Woodquay, galway, Galway, Ireland

1 going

Public · Anyone on or off Facebook

About

Discussion

What to expect

Galway Kayak Marathon - 01/09/2024

We have selected 01 September as the date for this year's race. All types of craft welcome. There will be an option to paddle 5km, 10km, or 15km. Message me for queries. Cheers

Day	Date	Club Scheduled Training Sessions	Club Events	External Events
Tuesday	23/07/2024			WWCC Summer Open Time Trial 18:30 TBC
Wednesday	24/07/2024	19:00 Open Training with Club Coach		
Thursday	25/07/2024			SLCC Summer Open Training 19:00 TBC
Saturday	27/07/2024	9am Senior, 10:30 Junior, 11am Ladies	Club Sea Trip: Dalkey Trip	European Championships 25th 28th Poznan
Sunday	28/07/2024	9am Senior, 10am New Joiners		European Championships 25th 28th Poznan
Tuesday	30/07/2024			WWCC Summer Open Time Trial 18:30 TBC
Wednesday	31/07/2024	19:00 Open Training with Club Coach		
Thursday	01/08/2024			SLCC Summer Open Training 19:00 TBC
Saturday	03/08/2024	9am Senior, 10:30 Junior, 11am Ladies		Sella Descent Asturias
Sunday	04/08/2024	9am Senior, 10am New Joiners		
Tuesday	06/08/2024			WWCC Summer Open Time Trial 18:30 TBC
Wednesday	07/08/2024	19:00 Open Training with Club Coach		
Thursday	08/08/2024		Monthly Club Committee Meeting	SLCC Summer Open Training 19:00 TBC
Saturday	10/08/2024	9am Senior, 10:30 Junior, 11am Ladies		
Sunday	11/08/2024	9am Senior, 10am New Joiners		
Tuesday	13/08/2024			WWCC Summer Open Time Trial 18:30 TBC
Wednesday	14/08/2024	19:00 Open Training with Club Coach		
Thursday	15/08/2024			SLCC Summer Open Training 19:00 TBC
Saturday	17/08/2024	9am Senior, 10:30 Junior, 11am Ladies		
Sunday	18/08/2024	9am Senior, 10am New Joiners		SLCC Marathon Ranking Race
Tuesday	20/08/2024			WWCC Summer Open Time Trial 18:30 TBC
Wednesday	21/08/2024	19:00 Open Training with Club Coach		
Thursday	22/08/2024			SLCC Summer Open Training 19:00 TBC
Saturday	24/08/2024	9am Senior, 10:30 Junior, 11am Ladies		
Sunday	25/08/2024	9am Senior, 10am New Joiners	Summer Gathering & BBQ, Club Only Event	K2 Championships TBA
Tuesday	27/08/2024			WWCC Summer Open Time Trial 18:30 TBC
Wednesday	28/08/2024	19:00 Open Training with Club Coach		
Saturday	31/08/2024	9am Senior, 10:30 Junior, 11am Ladies	Lower Liffey River Training	Tramore Surfski
Sunday	01/09/2024	9am Senior, 10am New Joiners		Galway Marathon Ranking Race
Sunday	01/09/2024			Liffey Odyssey (Chapelizod to Poolbeg)
Wednesday	04/09/2024	19:00 Open Training with Club Coach		
Saturday	07/09/2024	9am Senior, 10:30 Junior, 11am Ladies		
Sunday	08/09/2024	9am Senior, 10am New Joiners		Lower Liffey Ranking Race
Wednesday	11/09/2024	19:00 Open Training with Club Coach		
Thursday	12/09/2024		Monthly Club Committee Meeting	
Saturday	14/09/2024	9am Senior, 10:30 Junior, 11am Ladies		
Sunday	15/09/2024	9am Senior, 10am New Joiners		
Wednesday	18/09/2024	19:00 Open Training with Club Coach		
Saturday	21/09/2024	9am Senior, 10:30 Junior, 11am Ladies	Non Kayak event Sugar Loaf Walk /TBC	World Championships Metkovic
Sunday	22/09/2024	9am Senior, 10am New Joiners		



←  Canoe Marathon Ireland 🔍 ⋮

July 6th Belturbet **Ranking Race**

July 14th Cahore *Surfski*

July 20th Inistiogue 10k

July 21st Thomastown **Ranking Race**

July 25-28th European Championships Poznan

Aug 3rd Sella Descent Asturias

Aug 18th Salmon Leap CC **Ranking Race**

Aug 25th *K2 Champs. TBC*

Aug 31st/Sep 1st *Tramore Surfski*

Sep 1st Galway **Ranking Race**

Sep 8th Lower Liffey **Ranking Race**

Sep 19th- 22nd World Championships Metkovic
Croatia

Oct 6th Lowtown **Ranking Race**

Oct 20th/21st *Killary Surfski*

TBC Slaney **Ranking race**

