



64th Liffey Descent.



The 64th running of the Liffey Descent took place on the 19th of October, 2025. It is a world renowned international canoe marathon race that follows the River Liffey, beginning in the K Club at Straffan County Kildare and ending in Islandbridge, Dublin. Despite lower than normal waters on the day the 32 km race took place with its usual flare of tough competition. The course includes 10 weirs and a portage, testing paddlers all the way to the end.

Representing Celbridge Paddlers on the day were 14 of our members who took home 4 gold, 3 silver & 2 bronze medals across many categories. Matty Corr who finished his 1st Liffey descent entertained the crowds by going through the Baths in Straffan and the High Drop in Lucan. He took gold in the very competitive 39+ group. Lawrence Coonan also participated in his first ever descent paired up with the experienced Callum Brown to take Bronze in the K2 Junior/Senior mixed race.

Naoise Heneghan stepped up into a new boat and won gold in the K1C category despite needing to fix a hole in his boat that hit a rock along the way.

Celbridge took Gold & Silver in the T2 category. The combination of Morgan Cooper/Martin Hearn narrowly beat Aisa Cooper & Fergal Walsh in the final stretch of the race through Chapelizod.

In the 50+ K1C category Sean Heneghan took Silver, despite leading for a stint of the race and looking to take his 1st gold of the season the daunting Sluice in St. Catherine's park caught him out allowing Fergus Cooper to take Gold. Fergus from Contrast Racing using his skills and race craft to seal victory. To win one must avoid a swim.

Also taking part but outside the podium places were Alex O'Brien & Evan O'Keeffe raced in K1A, Lukasz Dwizerk, K1C & finally out of retirement Graham Buggy/Andy Creevy T2.

This event could not have taken place without the support of our crews following the race & especially our rescue from CPCC at Vanessa Weir. Thank you to Paraic Keane, Tim Clabon, Joe Foley, Val Pearse, Eamonn Fleming, Eugene Ryan, Tim Hartnett, Vincent O'Sullivan, Brendan Buggy & Neil Fleming.







