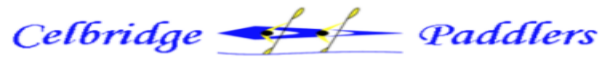


<https://m.facebook.com/271295733251662/> <https://celbridgepaddlers.ie/>

<https://www.youtube.com/@celbridgepaddlerscanooclub7667>



January Club News:

2 important dates for your calendars:

Friday 28th February: **Club AGM** and Annual Awards at 7pm. Location TBC. All members welcome, senior & junior.

Saturday 29th March: **Celbridge Marathon Race** - our own race on the marathon canoeing calendar. It will be similar to last year, based from lock 13 at Lyons but this year there will be GP specific classes too. We'd encourage all club members to take part, even if you have never raced before. Plenty of time left to prepare!

We will also be putting out a call in March for volunteers to help with the race organisation. Please keep the day free if possible!

The final **pool session** will take place this weekend and we hope all those that took part learned some valuable skills for the season ahead. From capsizing, high brace, low brace to sculling, x & t rescues to eskimo and hand rolls. Special thank you to Fergal, Neil, Martin & Morgan for all the great coaching. We will look to book the pool for November 2025.

Some great work done on the **club house** thanks to Brendan & Joe and crew working out the heating and plumbing for the building.



Canoe Marathon Ireland End of Year awards

Canoe Marathon Ireland held their 2024 end of Year Awards on the 18th of January 2025 in the SLCC.

Celbridge Paddlers won several awards with Paddlers topping their groups. Father and son duo Morgan & Danny Cooper won the K2 division. Callum Brown won Division 5 and Cillian Butler Division 7.

They were each presented with a trophy to celebrate their success on the water.



Wicklow Wild Water Race 2025

The first Wild Water Race of 2025 took place on the 9th of February at the picturesque "Meeting of the Waters" in Avoca Co. Wicklow.

The paddlers took on a 3.6km stretch of freezing cold Wicklow mountain waters, full of a variety of rapids, wave trains, and boulders.

Representing Celbridge Paddlers were Callum Brown, Naoise Heneghan, and Sean Heneghan.

The elite K1 Division was won by Ben Higgins of Salmon Leap Canoe Club with a stunning time of 14 minutes and 45 seconds.

Naoise came out on top in the junior group in his Wave Hopper, and Callum Brown won the C1 category with his improvised canoe.



Junior 5K Series

Well, done to all our juniors who took have practiced hard at the club for this series. Some have also taken part in the 1st of the 5k series. Well, done to Katie & Lawrence, this was the first time they took part in a racing event. Also representing the club were Megan, Cillian & Simon.

The remaining 3 events are listed below.

- 15th February: Maynooth Harbour: Time Trial
- 1st March: Maynooth Harbour: Time Trial
- 8th March: SLCC race format.



Celbridge Paddlers Training Sessions 2025
Wednesday: 18:45 Junior training
Saturday: 10:45 Junior Training
Saturday: 10:30 Ladies Training
Sunday: 09:00 / 09:30 10 KM sessions (open to all members)
Sunday 10:00 open training/coaching/new members
*** don't forget to log your times/distance on our club tracker: https://celbridgepaddlers.ie/log/ ****
Other training sessions
Tuesday 18:30 WWKC 2.5/5/10km time trials & BBQ" May - September
Thursday 19:00 SLCC 2.5/5/10km time trials " May - September
Monthly river trip training (usually one Saturday a month at the Sluice).

UPDATED CALENDAR 2025

FEBRUARY

Sat 8th Junior 5K, SLCC

Sat 15th Junior 5K, TBC

MARCH

Sat 1st Junior 5K, TBC

Sat 8th Junior 5K, SLCC

Sun 16th Slaney Descent K2

Sat 29th Celbridge Ranking Race

APRIL

Sun 6th Athy Ranking Race

Sat 12th/Sun 13th Nottingham Regatta

Sat 12th Waterlands Marathon, Amsterdam

Sun 20th Trim Ranking Race TBC

MAY

Sun 11th Junior Liffey Descent

Sun 18th Short Course Nationals + Kevin Murphy Memorial K2 Trophy

Sun 25th Malahide Ranking Race

Sat 31st/Sun 1st Nottingham Regatta

JUNE

2nd-8th European Marathon Championships, Portugal

Sat 14th Inistioge 5k & 10k

Sun 15th Thomastown Ranking Race

JULY

3rd-6th European Junior & U23 Championships, Romania

Sun 6th Belturbet Ranking Race. TBC

Sat 12th/ Sun 13th Nottingham Regatta

Sun 20th Blessington Ranking Race

Sat 26th/Sun 27th British National Marathon Championships, Norwich

AUGUST

Sat 9th Sella Descent, Asturias

Sun 17th K2 Nationals, Tramore

Sun 24th SLCC Ranking Race, Leixlip

SEPTEMBER

2nd -7th World Marathon Championships Győr, Hungary.

Sat 13th Lower Liffey Ranking Race

Sat 27th Liffey Descent

OCTOBER

Sun 5th Lowlown Ranking Race

Sun 12th Galway Ranking Race



Liffey Odyssey

1h · 🌐



The date for this year's Liffey Odyssey has been confirmed for Sunday 27th April 2025 . Once again Dublin City Council through its Sport & Wellbeing Partnership and Active Cities will be hosting the event to give paddlers the opportunity to come together to take part in this unique event with a flotilla of canoes , kayaks (both sit -in and sit-on-tops) and other craft that use a paddle journey from Islandbridge through the heart of Dublin to the mouth of the Liffey at Poolbeg. Please spread the word to join the fun and help to showcase the much maligned River Liffey on the day .

Individual booking and further information is available here on

<https://lucankayakclub.clr.events/event/136187:dublin-city-liffey-odyssey-individual-booking>

Thanks

Conor Ryan



Club Calander (all training, national and international events) as of 12/02/2025

Date	Day	Club Events/Training	National Events/External Training	International Events
01/03/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
02/03/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
05/03/2025	Wednesday	18:45 Junior Training		
08/03/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
09/03/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
12/03/2025	Wednesday	18:45 Junior Training		
13/03/2025	Thursday	Committee Meeting		
15/03/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
16/03/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Slaney Descent K2	
19/03/2025	Wednesday	18:45 Junior Training		
22/03/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
23/03/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
26/03/2025	Wednesday	18:45 Junior Training		
29/03/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training	Celbridge Ranking Race	
30/03/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
02/04/2025	Wednesday	18:45 Junior Training		
05/04/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
06/04/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Athy Ranking Race	
09/04/2025	Wednesday	18:45 Junior Training		
10/04/2025	Thursday	Committee Meeting		
12/04/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		Nottingham Regatta
13/04/2025	Sunday	09:30 10 KM training (Open) New Members 10am		Nottingham Regatta
16/04/2025	Wednesday	18:45 Junior Training		
19/04/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
20/04/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Trim Ranking Race TBC	
23/04/2025	Wednesday	18:45 Junior Training		
26/04/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
27/04/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Liffey Odyssey	
30/04/2025	Wednesday	18:45 Junior Training		

Date	Day	Club Events/Training	National Events/External Training	International Events
01/05/2025	Thursday		WWKC Open Training	
03/05/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
04/05/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
06/05/2025	Tuesday		SLCC Open Training	
07/05/2025	Wednesday	18:45 Junior Training		
08/05/2025	Thursday	Committee Meeting	WWKC Open Training	
10/05/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
11/05/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Junior Liffey Descent	
13/05/2025	Tuesday		SLCC Open Training	
14/05/2025	Wednesday	18:45 Junior Training		
15/05/2025	Thursday		WWKC Open Training	
17/05/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
18/05/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Short Course Nationals + Kevin Murphy Memorial K2 Trophy	
20/05/2025	Tuesday		SLCC Open Training	
21/05/2025	Wednesday	18:45 Junior Training		
22/05/2025	Thursday		WWKC Open Training	
24/05/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
25/05/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Malahide Ranking Race	
27/05/2025	Tuesday		SLCC Open Training	
28/05/2025	Wednesday	18:45 Junior Training		
29/05/2025	Thursday		WWKC Open Training	
31/05/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training	Cork Ocean to City	Nottingham Regatta

Date	Day	Club Events/Training	National Events/External Training	International Events
01/06/2025	Sunday	09:30 10 KM training (Open) New Members 10am		Nottingham Regatta
03/06/2025	Tuesday		SLCC Open Training	
04/06/2025	Wednesday	18:45 Junior Training		
05/06/2025	Thursday		WWKC Open Training	
07/06/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
08/06/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
10/06/2025	Tuesday		SLCC Open Training	
11/06/2025	Wednesday	18:45 Junior Training		
12/06/2025	Thursday	Committee Meeting	WWKC Open Training	
14/06/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training	Inistioge 5k & 10k	
15/06/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Thomastown Ranking Race	
17/06/2025	Tuesday		SLCC Open Training	
18/06/2025	Wednesday	18:45 Junior Training		
19/06/2025	Thursday		WWKC Open Training	
21/06/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
22/06/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
24/06/2025	Tuesday		SLCC Open Training	
25/06/2025	Wednesday	18:45 Junior Training		
26/06/2025	Thursday		WWKC Open Training	
28/06/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
29/06/2025	Sunday	09:30 10 KM training (Open) New Members 10am		

Date	Day	Club Events/Training	National Events/External Training	International Events
01/07/2025	Tuesday		SLCC Open Training	
02/07/2025	Wednesday	18:45 Junior Training		
03/07/2025	Thursday		WWKC Open Training	3rd-6th European Junior & U23 Championships, Romania
05/07/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
06/07/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Belturbet Ranking Race. TBC	
08/07/2025	Tuesday		SLCC Open Training	
09/07/2025	Wednesday	18:45 Junior Training		
10/07/2025	Thursday	Committee Meeting	WWKC Open Training	
12/07/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		Nottingham Regatta
13/07/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
15/07/2025	Tuesday		SLCC Open Training	
16/07/2025	Wednesday	18:45 Junior Training		
17/07/2025	Thursday		WWKC Open Training	
19/07/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
20/07/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Blessington Ranking Race	
22/07/2025	Tuesday		SLCC Open Training	
23/07/2025	Wednesday	18:45 Junior Training		
24/07/2025	Thursday		WWKC Open Training	
26/07/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		British National Marathon Championships, Norwich
27/07/2025	Sunday	09:30 10 KM training (Open) New Members 10am		British National Marathon Championships, Norwich
29/07/2025	Tuesday		SLCC Open Training	
30/07/2025	Wednesday	18:45 Junior Training		
31/07/2025	Thursday		WWKC Open Training	

Date	Day	Club Events/Training	National Events/External Training	International Events
02/08/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
03/08/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
05/08/2025	Tuesday		SLCC Open Training	
06/08/2025	Wednesday	18:45 Junior Training		
07/08/2025	Thursday		WWKC Open Training	
09/08/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
10/08/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
12/08/2025	Tuesday		SLCC Open Training	
13/08/2025	Wednesday	18:45 Junior Training		
14/08/2025	Thursday	Committee Meeting	WWKC Open Training	
16/08/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
17/08/2025	Sunday	09:30 10 KM training (Open) New Members 10am	K2 Nationals, Tramore	
19/08/2025	Tuesday		SLCC Open Training	
20/08/2025	Wednesday	18:45 Junior Training		
21/08/2025	Thursday		WWKC Open Training	
23/08/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
24/08/2025	Sunday	09:30 10 KM training (Open) New Members 10am	SLCC Ranking Race, Leixlip	
26/08/2025	Tuesday		SLCC Open Training	
27/08/2025	Wednesday	18:45 Junior Training		
28/08/2025	Thursday		WWKC Open Training	
30/08/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		

Date	Day	Club Events/Training	National Events/External Training	International Events
02/09/2025	Tuesday			2nd -7th World Marathon Championships Gyor, Hungary
03/09/2025	Wednesday	18:45 Junior Training		
06/09/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
07/09/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
10/09/2025	Wednesday	18:45 Junior Training		
11/09/2025	Thursday	Committee Meeting		
13/09/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training	Lower Liffey Ranking Race	
14/09/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
17/09/2025	Wednesday	18:45 Junior Training		
20/09/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
21/09/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
24/09/2025	Wednesday	18:45 Junior Training		
27/09/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training	Liffey Descent	
28/09/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
01/10/2025	Wednesday	18:45 Junior Training		
04/10/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
05/10/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Lowtown Ranking Race	
08/10/2025	Wednesday	18:45 Junior Training		
09/10/2025	Thursday	Committee Meeting		
11/10/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
12/10/2025	Sunday	09:30 10 KM training (Open) New Members 10am	Galway Ranking Race	
15/10/2025	Wednesday	18:45 Junior Training		
18/10/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
19/10/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
22/10/2025	Wednesday	18:45 Junior Training		
25/10/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
26/10/2025	Sunday	09:30 10 KM training (Open) New Members 10am		

Date	Day	Club Events/Training	National Events/External Training	International Events
01/11/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
02/11/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
05/11/2025	Wednesday	18:45 Junior Training		
08/11/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
09/11/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
12/11/2025	Wednesday	18:45 Junior Training		
13/11/2025	Thursday	Committee Meeting		
15/11/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
16/11/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
19/11/2025	Wednesday	18:45 Junior Training		
22/11/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
23/11/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
26/11/2025	Wednesday	18:45 Junior Training		
29/11/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
30/11/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
03/12/2025	Wednesday	18:45 Junior Training		
06/12/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
07/12/2025	Sunday	Pink Paddle TBC		
10/12/2025	Wednesday	18:45 Junior Training		
11/12/2025	Thursday	Committee Meeting		
13/12/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
14/12/2025	Sunday	Turkey Race & Christmas Party TBC		
17/12/2025	Wednesday	18:45 Junior Training		
20/12/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
21/12/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
24/12/2025	Wednesday	18:45 Junior Training		
27/12/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
28/12/2025	Sunday	09:30 10 KM training (Open) New Members 10am		
31/12/2025	Wednesday	18:45 Junior Training		