

Celbridge Paddlers Canoe Club



Galway Marathon Ranking Race.

The Marathon season concluded with the final race in Galway on the River Corrib on Sunday the 26th of October, 2025. Eleven of our brave paddlers hit the turbulent stretch of river where cross winds and ferrying boats along with competing rowing boats can create very difficult waves to overcome. On the day our team came away with four gold, six silver & one bronze. Taking silver in the K2 and competing for the 1st time was father & son combination of Brendan & Daniel Keane. Taking his 1st Gold this year in the very tough division 3 was Martin Hearn.

Our Club had some great highlights during the marathon season with Danny & Morgan Cooper winning the K2 class outright for the 2nd year in a row. Carol O'Donohoe was our top ladies paddler taking 2 gold & 4 silver this year. Lukasz Dziwirek took 3 gold & 2 bronze and both look likely to be the overall Division 7 winners.

In his first full season of racing Lawrence Coonan put in some great performances in Division 7. Simon Hearn moved up several divisions in 2025 as his speed and techniques grew from strength to strength. From Division 7 to Division 4 in one season is an amazing achievement. In 2026 he will be the chief contender to win the "Niall Cahill Perpetual Trophy" that his father Martin won this year in Belturbet.

Megan O'Donohoe, Katie King & Gemma Corr were very impressive and our top Junior girls paddlers took 1st position on four occasions during the marathon campaign.

Many of our members mixed things up by racing in a variety of boat types from K1, K2, C1 & Wild Water & GP. Callum Brown & Naoise Heneghan for example clocked up 10 medals by choosing this option during marathon races. It's worth noting that family's paddling during the marathon season has been very strong. For example Robert, Daniel & their father Lukasz Dziwirek took home 12 medals this season. Matty, Gemma & Beth Corr all racing on the same day too. In summary our club members represented 120 entries clocking up 1499 club points in the Marathon season. Our members taking home 41 gold, 37 silver & 17 bronze. While we look forward to next year there is still plenty of racing left with the Wild Water season starting in early November and the Pink Paddle & Turkey Race in December.





Building News

Plans are underway to install a mezzanine in the club that will hold all the gym's URG machines, that will leave the downstairs for other gym weights equipment. The mezzanine has been ordered. Outside we continue to level the available spaces with a view to adding extra car parking and spaces to work on boats.



Saturday & Sunday 8th & 9th November are scheduled for tidy up days in the club. Please support us to keep the space tidy and clutter free

Fundraising:

A massive thank you to Carol O'Donohoe for raising €660 via the Tesco Community Fund. The much needed funds will be so welcomed to develop and support all our building work and paddler development. The fundraising committee via the May Paddle also raised €2,500. **Keep an eye out for our quiz night that will be held on the 5th of December.**



Competition: 2026 Club Calander Competition

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Have you seen the photo that was taken that best represents our club this year. It can be one you took or one that you saw on one of our newsletters. All photos received by the 20th of November will be reviewed by the clubs committee with the **top 3** put out to all our members for a final vote by the end of November. The final photo will become the cover of our 2026 annual Calendar, and you will win a very special bespoke gift. **The winner will be revealed at our club's Christmas Gathering on the 14th December.**

Avonmore WWR

2 November 2025

Classic/mass start race



The Meetings - Avoca
Last entries 11:30, race start 12:00
Seniors €10, juniors €5
Classes k1, C1, C2, General Purpose

Canoeing

First race of the season next weekend! Hope to see ye there! 🇮🇪 This race is pretty beginner friendly, so if anyone has club members that might be interested in trying out a wavehopper, or joining in a GP, they are more than welcome



Celbridge Paddlers Canoe Club



Pub Quiz in Kildrought Lounge to raise funds for our Club
Friday 5th of December, 2025. (more details to follow)



JINGLE PINK PADDLE



To raise funds for the Irish Cancer Society

Saturday December 6th

13:00 at Salmon Leap Canoe Club



Race Notice:

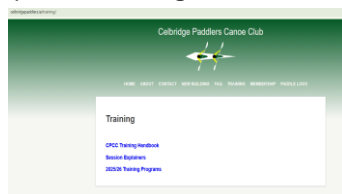
Turkey Race & Christmas get together

Sunday **14th** December, **2025** at 13:00

In Aid of St. Vincent's De Paul

2025/2026 Training programme

Please take a look at our website and the updated training handbook, time table and guides.



Website: <https://celbridgepaddlers.ie/training/>

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
A Group				19:00				19:00			11:00		11:00	
B Group				19:00				19:00			11:00		11:00	
C Group				19:00		19:00		19:00			10:00		10:00	
D Group				19:00		19:00		19:00			10:00		10:00	
E Group		19:00		19:00		19:00		19:00		19:00	10:00		10:00	

IRISH WILDWATER RACING CALENDAR 2025/26		
2 NOV	WICKLOW	CLASSIC/ MASS START
22 NOV	DEE, LLANGOLLEN, GBR	SPRINT ECA CUP
29 NOV	FOXFORD, CO. MAYO	SPRINT
30 NOV	MILLTOWN, CO. GALWAY	SPRINT
24 JAN	TEMPLEMILLS - SLCC	CLASSIC
25 JAN	CASTLETOWN RAPIDS	SPRINT
8 FEB	RIVER LEE, CORK	CLASSIC
1 MARCH	INNY DOUBLE HEADER	CLASSIC/ MASS START
22 MAR	BOYNE	MASS START

Canoeing



Race Notice:

Turkey Race & Christmas get together

Sunday 14th December, 2025 at 13:00

In Aid of St. Vincent's De Paul

Celbridge Templemills to Salmon Leap

Classes: Open Canadian

Entry fee: €20 seniors €10

Prizes 1st, 2nd, 3rd 2025



Ireland's longest running uninterrupted canoe race 1984 - 2025

Templemills Weir, Vanessa Weir, Castletown Rapids



For more info contact Celbridge Paddler's:

Eamonn Fleming 086 8146920 or Sean Heneghan 086 0440755

Join us after the race along with fellow Celbridge Paddlers for prize giving at 3pm in McNamees (Abbey Lodge)

****Important: This is a peer paddle and only suitable for experienced paddlers*.***

*****No rescue will be available on the day**.***

******Subject to suitable river conditions ******

Directions to Race Start and Parking

Registration open from 11:30, Closes at 12:30 (on the day)

The race starts above Templemills Weir on the Ardclough Road

The race start is at 1.00 o'clock.

Prize giving and raffle after the race is at The Abbey Lodge Celbridge, 3pm.
Ample parking is available along the Ardclough Road and Celbridge area.

All the proceeds from the race will go to St Vincent de [Paul](#)

Directions to the Ardclough Road

From Lucan:

As you approach Celbridge village from the **Lucan Road**, the road veers right over a bridge into the town. There will be a big stone pub on the corner to your right, The Abbey Lodge. Instead of driving over the bridge, continue to drive straight, following the road alongside the river, this is the Ardclough Road.

From Newcastle

If you are coming from Newcastle when you reach the intersection into Celbridge village the bridge into the town is straight ahead and there will be a big stone pub on the corner across the road to the right of the bridge (The Abbey Lodge). Do not drive into the village, take a sharp left onto the Ardclough Road.

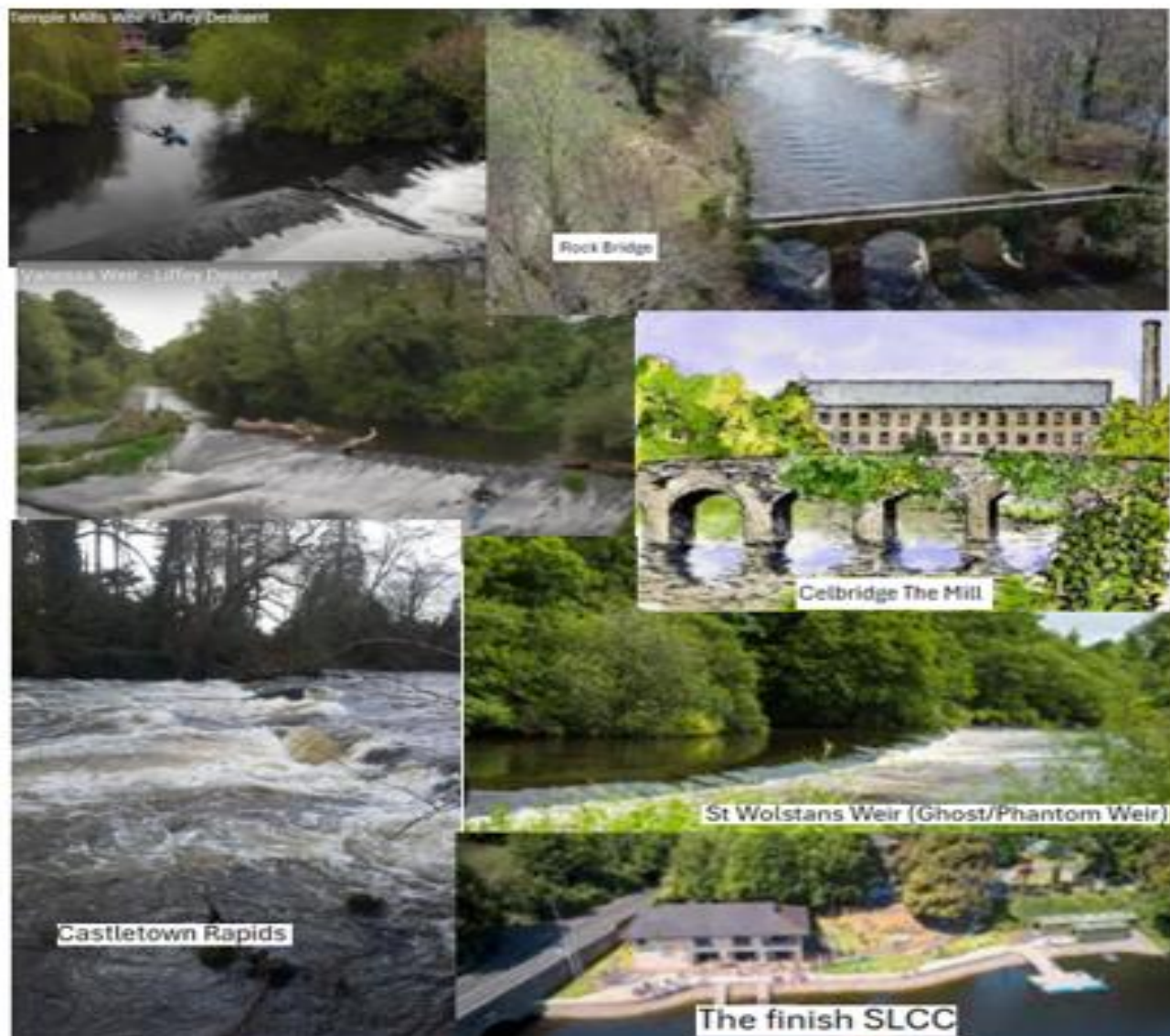
From Maynooth

If you are coming from Maynooth, drive through Celbridge village and then left out over the bridge and then take the immediate right onto the Ardclough Road.

Directions FROM the Ardclough Road to Weir gate

Once you are on the Ardclough Road proceed for ca 1.5 miles up this road. You will pass a large residential estate (Temple Manor) on the left, slow down at this point and PREPARE TO PARK. There is a decent sized hard [shoulder](#) and we would ask you please to park here.

The race start is just above Templemills Weir at 1.00pm. Entries will be taken at Chelmsford (100 metres beyond Temple Manor estate on the left-hand side).



Update on all club results 2025

As far as I can make our 190 of our club members, took part in a variety of events this year from Wild Water, Marathon, Sprint, L2, European and Descents. So far, our club took home 130 medals, 66 gold, 40 silver and 24 bronze (hopefully my data is correct).

- The Junior Medal Leader is Danny Cooper on 13, followed by Naoise Heneghan on 9, Simon Hearn on 7. The top Junior Girls are Katie King, Megan O'Donohoe 2, Gemma Corr 1.
- The top Senior Medal Leaders is Morgan Cooper on 13, Callum Brown 11 & Sean Heneghan on 10. The top Senior Ladies paddler is Carol O'Donohoe on 6, Breige Verdon 2 & Valerie Ball 2.

AUT 2025 Events	Main Male A	Mild Male B	Main Male C	Heavy Quarry D	Culiville Reserve E	Athy Reserve F	Trio Reserve G	Jiffy Down H	Shantel K Kerry Humari	European Chert Pit	Hatfield MNH	Kilhamond Olympus	Bahretok Reserve I	Blairmont Reserve Pendula	Saltwater Active Spot	Falcon Loop Rise	Louisa Reserve	K2 National Olympus	18th October Lobby Day	2nd 26th October Gallop Reserve	Mild Water Reservoir	Mild Water Inland	Mild Water Billings	2nd Tucker Race	Events Attended	Gold	Silver	Bronze	Total Medals	
Callan Brown	1st C1	1st GP		7th	3rd K2	1st K2 LC	1st K2	1st K2	1st C1, 9th K2		2nd K2 LC			2nd K2 SC	K2 M U 23 1Th 152.20 (20th)	8th	1st C1	5th Open B	3rd K2 Mixed						15	7	2	2	11	
Danilo Dimitriuk					3rd K2	1st K2 LC	2nd GP	1st K2			1st GP					10th	2nd K1	6th Open B		2nd K1					9	3	3	1	7	
Enley Trifunovic					3rd novice																				1	1			1	
Nashia Hengshan	1st VH	1st VH	1st VH		2nd Div 5	10th Div 5	4th K2	1st T2	9th K2		6th GP	2nd K2 LC		3rd GP	2nd K2 SC	K2 M U 23 1Th K2 M 35-55 1Th 151.30 20th		2nd GP	6th Open B	1st K1B	2nd GP				17	5	5	1	11	
Sean Hengshan	1st GP	D50	1st GP		4th Div 4	2nd Div 4	2nd GP				4th GP	3rd K2 4th (Master)	3rd Div 4	6th		10th	3rd Div 4	1st Masters	2nd K1C +43	3rd Div 4				17	3	3	4	10		
Nail Fleming				7th			1st K2																		2	1			1	
Morgan Cooper						1st K2	1st K2 SC	2nd K2			1st K2	2nd K2 SC	3rd (Master)	2nd K2 SC	1st K2	K2 Moss Ser 151.55 84th 20th	2nd K2 SC	1st K2	1st Open B	1st T2	1st K2				14	8	4	1	13	
Danny Cooper						1st K2	2nd K2	2nd K2	3rd GP		1st K2	2nd K2 SC	1st U4	2nd K2 SC	1st K2	K2 Moss Ser 151.55 84th 20th	2nd K2 SC	1st K2	1st Open B						14	8	4	1	13	
Fargal Vukob					4th						3rd K1	3rd K2 SC	1st Div 4			8th	1st Div 3			2nd T2				7	1	1	2	4		
Nord O'Donnell					1st Div 4	3rd Div 4																			3	2	1	1	3	
Aiza Cooper						1st Div 5		1st T2		15th										2nd T2					3		1		1	
Colleen Butler																									2	2			2	
Aisha O'Donohoe					6th Div 5														3rd Open B						2				1	
Luzanne Dimitruk					8th Div 5	1st Div 7	7th GP				7th GP			1st Div 7		3rd K1	3rd Div 7		8th K1C +33	1st Div 7					9	3		2	5	
Matty Corr					11th Div 5		9th GP											2nd Div 5		1st K1C +33					4	1	1		2	
Beth Corr					4th Div 5																				1				0	
Simon Heasne					2nd Div 7	1st GP	1st GP	3th K1B 10 K2			2nd Div 7	5th U16	1st Div 7		1st Div 5	1st Div 5	3rd Open B			2nd Div 4					11	5	3	1	8	
Maria Heasne								10 K2		4th K1			1st Div 4		7th				1st T2	1st Div 4					5				0	
Carol O'Donohoe					2nd Div 7						1st GP			1st Div 7		2nd Div 7				2nd Div 7					6	2	4		6	
Tanya Trifunovic					4th Div 7																				1				0	
Bridget Yurdon					1st GP													3rd GP							2	1		1	2	
Valerie Ball					2nd GP													2nd GP							2		2		2	
Andrew Butler					3rd GP																				1		1	1	1	
Luzanne Cookea					1st Div 7		4th K2			13th K1				2nd Div 7	1st Div 7	1st Div 7	5th Open B	3rd K2 Mixed							8	3	1	1	5	
Darren O'Donohoe					2nd Div 7																				1		1		1	
Alex Foley					3rd Div 7																				1		1	1	1	
Quinn Corr					1st Div 7			1st GP			1st GP															6	2			1
Megan O'Donohoe					4th Div 7												10th	4th								4	3			3
Kathie King						1st GP		1st GP								4th										3				0
Robert Dimitriuk					2nd novice	1st novice					2nd GP		4th GP													3	1	2	3	4
Matt Black											2nd GP															1				0
David Foley											4th GP															1				0
Joe Foley											5th GP															1				0
Viscain O'Sullivan											6th GP															1				0
Erna O'Keeffe																4th				11th K1					2				0	
Rhys Buggy											3rd GP															1				1
Dave Hutchinson											4th GP							1st novice								1		1		1
Claire																										1		1		1
Geonoid																										1		1		1
Alex O'Brien																				15th K1					1				0	
Graben Buggy																				11th T2					1				0	
Andy Greany																										1				0
Brandon Keane																										1		1		1
Daniel Keane																					2nd K2					1		1		1
Participants	3	3	2	2	26	9	12	8	4	1	7	17	4	7	13	7	14	17	3	14	11				130	150	66	40	24	130
Gold	3	3	2	2	2	6	4	7	1	1	0	2	4	1	2	5	1	0	2	7	5	4	4			45				40
Silver	0	0	0	0	6	1	4	0	0	0	0	6	0	2	3	0	3	6	0	3	6					40				40
Bronze	0	0	0	0	5	1	0	1	0	0	1	3	1	2	1	0	1	3	2	2	1					24	130			130

**** please message me if any results are wrong.

4 remaining 2025 events, 3 WWR & the Turkey Race



Gold	Silver	Bronze
66	40	24

Ranking Races/Ribadasella Series

The Marathon season has wrapped up with a final race held on the Corrib in Galway.

The top Junior girls point scorer is Megan O'Donohoe on 58 points followed by Katie King on 41. The Junior boy's points leader is Danny Cooper with 127 points, followed by Simon Hearn on 99 & Naoise Heneghan on 93

The top Ladies point scorer is Carol O'Donohoe on 82 points.

The Seniors group is led by Morgan Cooper on 127 points followed by Sean Heneghan on 100 and Lukasz Dziwirek on 92.

In total the club picked up circa 1499 racing points in 2025.

Our members took home 41 gold, 37 silver & 17 bronze.

Marathon Racing (Ranking Points for Ribadesella)	Celbridge Ranking Race	Athy Ranking Race	Trim Ranking Race	Thomastown Ranking Race	Belturbet Ranking Race	Blessington Ranking Race	Salmon Leap Ranking Race	Lowtown Ranking Race	rGalway Ranking Race	Totals Club Points
Callum Brown K2 Long Course/Short/C1	12	15	15	13			7	15		77
Naoise Heneghan K2 Short/long//GP	13	5	11	13	12	13		13	13	93
Sean Heneghan Div 4/GP/K2	11	13	13	12	12	9	6	12	12	100
Neil Fleming			15							15
Daniel Dziwirek K2 Long Div 7/ GP	12	15	13	15			5	13	13	86
Morgan Cooper K2 Short Course	15	15	13	13	13	15	13	15	15	127
Danny Cooper K2 Short Course	15	15	13	13	13	15	13	15	15	127
Fergal Walsh Div 3/ K2 Long	11			12			7	15		45
Noel O'Connell Div 4	15	12		15						42
Aidan O'Donohoe	9									9
Lucasz Dziwirek Div 7 & GP	7	15	8	8		15	12	12	15	92
Matty Corr Div 5 & GP	4		7					13		24
Beth Corr	11									11
Simon Hearn Div 7/5/4 & GP	13		15	13	15		15	15	13	99
Martin Hearn Div 4/3					15		8		15	38
Cillian Butler	15									15
Carol O'Donohoe Div 7 & GP	13			15		15	13	13	13	82
Tanya Trofimova Div 7	11									11
Breige Verdon GP	15							12		27
Valerie Ball GP	13							13		26
Audrey Butler GP	12									12
Laurence Coonan Div 7 & K2 LC	15		11			13	15	15		69
Darren O'Donohoe	13									13
Alex Fahy Div 7	12									12
Gemma Corr Div 7	15									15
Megan O'Donohoe Div 7 & GP	11			15		11	10	11		58
Katie King (GP) & Div 7			15			15	11			41
Matt Black gp				12	11					23
David Foley GP				11						11
Joe Foley GP				10						10
Vincent O'Sullivan GP				9						9
Robert Dziwirek GP				13						13
Aisa Cooper						10				10
Davey Buggey						13				13
Evan O'Keeffe							11			11
Rob Hetherington						7				7
Brendan Keane									13	13
Daniel Keane									13	13
	293	105	149	212	91	151	146	202	150	1499

*** top 6 results count towards end of year placings if 11 races are held, 10 or less races, top 5 results count. (all six must be in the same Division (not a combination of GP, Div K2))

* Novice races are not awarded Ribadaeslla ranking points.

*** please message me if any results are wrong.



Date	Day	Club Events/Training	National Events/External Training	International Events.
01/11/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups		
02/11/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups	Wild Water Wicklow Race	
03/11/2025	Monday	19:00 E Group		
04/11/2025	Tuesday	19:00: A, B, C, D, E Groups		
05/11/2025	Wednesday	19:00: C, D, E Groups		
06/11/2025	Thursday	19:00: A, B, C, D, E Groups		
07/11/2025	Friday	19:00 E Group		41st International Marathon
08/11/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups	 Club tidy up weekend	Ardèche Gorges
09/11/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups		
10/11/2025	Monday	19:00 E Group	GENERAL WASTE	
11/11/2025	Tuesday	19:00: A, B, C, D, E Groups		
12/11/2025	Wednesday	19:00: C, D, E Groups		
13/11/2025	Thursday	19:00: A, B, C, D, E Groups	Committee Meeting	
14/11/2025	Friday	19:00 E Group		
15/11/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups		
16/11/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups		
17/11/2025	Monday	19:00 E Group		
18/11/2025	Tuesday	19:00: A, B, C, D, E Groups		
19/11/2025	Wednesday	19:00: C, D, E Groups		
20/11/2025	Thursday	19:00: A, B, C, D, E Groups		
21/11/2025	Friday	19:00 E Group		
22/11/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups		
23/11/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups		Wild Water ECA Wales
24/11/2025	Monday	19:00 E Group		Wild Water ECA Wales
25/11/2025	Tuesday	19:00: A, B, C, D, E Groups		
26/11/2025	Wednesday	19:00: C, D, E Groups		
27/11/2025	Thursday	19:00: A, B, C, D, E Groups		
28/11/2025	Friday	19:00 E Group		
29/11/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups	Wild Water: Foxford, Co. Mayo	
30/11/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups	Wild Water: Milltown Race Co. Galway	

Date	Day	Club Events/Training	National Events/External Training	International Events.
01/12/2025	Monday	19:00 E Group		
02/12/2025	Tuesday	19:00: A, B, C, D, E Groups		
03/12/2025	Wednesday	19:00: C, D, E Groups		
04/12/2025	Thursday	19:00: A, B, C, D, E Groups		
05/12/2025	Friday	19:00 E Group	Club Pub Quiz Kildrough Lounge	
06/12/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups	2025 Annual Pink Paddle (at SLCC)	
07/12/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups		
08/12/2025	Monday	19:00 E Group		
09/12/2025	Tuesday	19:00: A, B, C, D, E Groups		
10/12/2025	Wednesday	19:00: C, D, E Groups		
11/12/2025	Thursday	19:00: A, B, C, D, E Groups	Committee Meeting	
12/12/2025	Friday	19:00 E Group		
13/12/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups		
14/12/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups	42nd Turkey Race/CPCC Christmas Party	
15/12/2025	Monday	19:00 E Group		
16/12/2025	Tuesday	19:00: A, B, C, D, E Groups		
17/12/2025	Wednesday	19:00: C, D, E Groups		
18/12/2025	Thursday	19:00: A, B, C, D, E Groups		
19/12/2025	Friday	19:00 E Group		
20/12/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups		
21/12/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups		
22/12/2025	Monday	19:00 E Group		
23/12/2025	Tuesday	19:00: A, B, C, D, E Groups		
24/12/2025	Wednesday	19:00: C, D, E Groups	Merry Christmas	
25/12/2025	Thursday	19:00: A, B, C, D, E Groups	Merry Christmas	
26/12/2025	Friday	19:00 E Group		
27/12/2025	Saturday	10am: C,D,E Groups, 11am A, B Groups		
28/12/2025	Sunday	10am: C,D,E Groups, 11am A, B Groups		
29/12/2025	Monday	19:00 E Group		
30/12/2025	Tuesday	19:00: A, B, C, D, E Groups		
31/12/2025	Wednesday	19:00: C, D, E Groups	Happy New Year	

[illegible]







remind me to 'Keep Eyes on Road.' I don't mind being warned to take a break if I am driving for a long period, but to get a message

place with similar small cars from Dacia and Leap Motors, who are a new comer to the Irish market.

top of the range Comfort version I drove will cost you €24,113.

Medals for Celbridge Paddlers in rough paddling conditions



(l-r) Daniel Dziwirek, Naolise Heneghan, Aidan O'Donohoe, Simon Hearn, Danny Cooper, Morgan Cooper, Fergus Cooper, Sean Heneghan.

STORM Amy did not interrupt the racing held on the lake at Salmon Leap Canoe Club on Sunday (5th October).

While the rain had tailed off, it was still quite breezy with high cross winds on some sections of the course, along with small waves created tough paddling conditions.

Five pairings from Celbridge Paddlers took on the course and the race distance for them on the day was 8km or two laps of the lake.

Coming out on top in the most popular Open K2 group were Danny Cooper and Morgan Cooper.

Taking yet another gold in their 2025 K2 season and having already won Ireland's K2 Marathon Racing league with one race still to run.

Simon Hearn and Aidan O'Donohoe took bronze in the category. They will shortly pair up again for the 64th running of the Liffey Descent on the 18th of October.

Also taking gold in the Masters category was Sean Heneghan who paired up with Fergus Cooper of Cont Canoe club.

They were the fastest of all the paddlers over the section with a time of 41.01 minutes.

Outside the medals but representing our club were Colum Brown/Lawrence Coonan & Daniel Dziwirek/Naolise Heneghan.