



K1 National Championships 2025.

The championships took place on a very windy lake at SLCC today.

Despite the challenges, Danny Cooper took 1st place and is the Irish U14 National Champion. Well done, Danny.

Also, medallists on the day we're Danny Uncle Fergus, Masters, 50+ 3rd place, and his Father Morgan Master's 40+, 3rd place.

Simon Hearn and Sean Heneghan also represented the club and put in strong performances.

Next up will be the Marathon Ranking Race in Belturbet on Saturday, 5th July



Thomastown Marathon.

Thomastown Marathon Race

Celbridge Paddlers turned up in force for the Thomastown Marathon race held on Sunday, the 16th of July 2025. The Weirs and rapids of the river Nore were the backdrop for this popular event. Many of our members camped out the night before and took part in a memorial race just before sunset.



There were some amazing highlights on the day. A few to mention would include Robert Dziwirek finishing 2nd and Matt Black finishing 2nd on their debut to river racing. Callum Brown and Naoise Heneghan completed the long course, finishing 2nd but overcoming the difficult weir at Bennetsbridge. Carol and Megan O'Donohoe taking gold in both junior and senior categories. Simon Hearn took on the course in a new boat and took silver.

Joe Foley, David Foley, and Vincent O'Sullivan returning from retirement and put in some strong performances. Finally, Father and son Morgan and Danny Cooper coming home 2nd together for Father's Day.

Medal Winners on the day:

Gold: Noel O'Connell K1 Div 4

Gold: Daniel Dziwirek, GP Junior

Gold Megan ODonohoe GP

Gold: Carol O'Donohoe GP Senior

Silver: K2 Long Course Callum Brown, Naoise Heneghan

Silver: Robert Dziwirek GP Junior

Silver: Simon Hearn K1 Div 7

Silver: K2 Short Course Danny & Morgan Cooper

Bronze: K2 Short Course Sean Heneghan, Fergal Walsh,

Bronze: Matt Black GP Senior

The night before the 10 km Fergal Walsh took bronze in the 10 KM K1 **Inistigoe memorial race**, Morgan & Danny Cooper taking 1st in the 5K event. Some good prep for the next day's events.



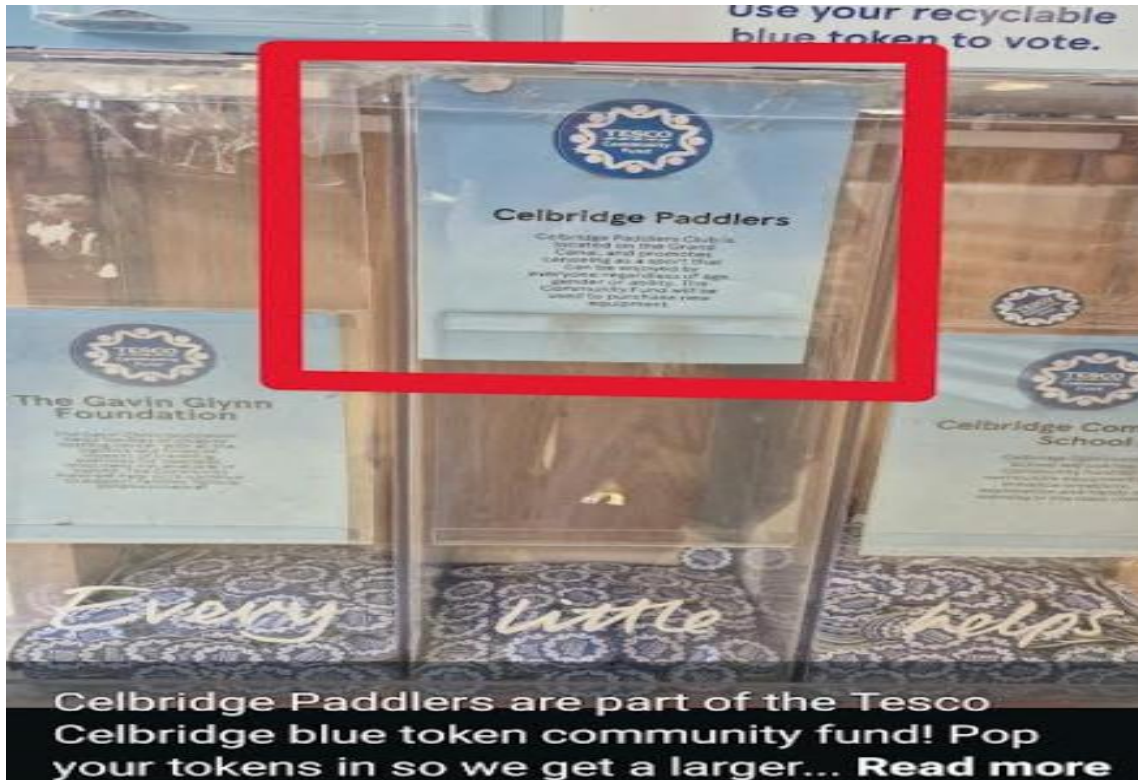




Fundraising.

Well done to all who took part in the May sponsorship paddle. I believe we raised 2,200 with more cards due in. Well done to Matty and Co. Please pass on all sponsorship cards to Maty Corr. [More details to follow from the Fund-Raising Committee.](#)

Tesco Community Support: Please see below, be sure to choose our club with your blue tokens. Thanks again to Carol for setting this up.



Lastly on the fundraising, we will be hosting a 24-hour paddle on the **27th of September**, with a club BBQ. All club members welcome to take part. More details to follow.

Building News:

Our club house has been connected by the ESB, A big milestone for the members. Also, I believe we have access to a **defibrillator**, more news on that as it happens.



Update on all club results 2025.

As far as I can make out **97 of our club** members, took part in events this year, taking 41 gold, 20 silver and 12 bronze (hopefully my data is correct).

All 2025 Events	Wild Water Race Avoca	Water Race Limerick Castleconnell	Wild Water Race Inny	Slaney Descent (K2)	Celbridge Ranking Race	Athy Ranking Race	Trim Ranking Race	Junior Liffey Descent	Short Course Champs + Kevin Murphy Memorial K2	June - European Marathon Champs, Portugal	Sat 14th June - Inistioge Memorial 5/10K	June - Thomastown Ranking Race	Sun 22nd June K1 National Championships	
Callum Browne	1st C1	1st GP		1st K2	3rd K2	1st K2 LC	1st K2	1st K2	1st C1, 9th K2			2nd K2 LC		
Naoise Heneghan	1st WH	1st WH	1st WH		2nd Div 5	10th Div 5	4th K2	1st T2	9th K2		6th GP	2nd K2 LC		
Sean Heneghan	1st GP	DSQ	1st GP		4th Div 4	2nd Div 4	2nd GP				4th GP	3rd K2 SC	4th (Masters)	
Neil Fleming				1st K2			1st K2							
Daniel Dziwirek					3rd K2	1st K2 LC	2nd GP	1st K2				1st GP		
Morgan Cooper					1st K2	1st K2 SC	2nd K2				1st K2	2nd K2 SC	3rd (Masters)	
Danny Cooper					1st K2	1st K2 SC	2nd K2	3rd GP			1st K2	2nd K2 SC	1st U14	
Fergal Walsh					4th						3rd K1	3rd K2 SC		
Noel O'Connell					1st Div 4	3rd Div 4						1st Div 4		
Aisa Cooper										15th				
Cillian Butler					1st Div 5			1st T2						
Aidan O'Donohoe					6th Div 5									
Lucasz Dziwirek					8th Div 5	1st Div 7	7th GP					7th GP		
Matty Corr					11th Div 5		8th GP							
Beth Corr					4th Div 5									
Simon Hearn					2nd Div 7		1st GP	1st GP	9th K18, 10 K2			2nd Div 7	5th U16	
Martin Hearn									10 K2		4th K1			
Carol O'Donohoe					2nd Div 7							1st GP		
Tanya Trofimova					4th Div 7									
Breigh Verdon					1st GP									
Valerie Ball					2nd GP									
Audrey Butler					3rd GP									
Laurence Coonan					1st Div 7		4th K2				19th K1			
Darren O'Donohoe					2nd Div 7									
Alex Fahy					3rd Div 7									
Gemma Corr					1st Div 7									
Megan O'Donohoe					4th Div 7			1st GP				1st GP		
Katie King							1st GP	1st GP						
Robert Dziwirek					2nd novice	1st novice						2nd GP		
Emily Trofimova					3rd novice									
Matt Black												3rd GP		
David Foley												4th GP		
Joe Foley												5th GP		
Vincent O'Sullivan												6th GP		
Participants	3	2	2	2	26	9	12	8	4	1	7	17	4	97
Gold	3	2	2	2	7	6	4	7	1	0	2	4	1	41
Silver	3	0	0	0	6	1	4	0	0	0	0	6	0	20
Bronze	0	0	0	0	5	1	0	1	0	0	1	3	1	12

**** please message me if any results are wrong.

After 4 ranking events, Morgan & Danny lead the Marathon Racing points, both on 56. Followed closely by Callum Brown and Daniel Dziwirek on also 55

Marathon Racing (Ranking Points for Ribadesella)	Celbridge Ranking Race	Athy Ranking Race	Trim Ranking Race	Sun 10th June - 11th Novastown Ranking Race	Totals	Totals
Callum Brown K1 Long Course	12	15	15	13	55	55
Naiose Heneghan Div 5	13	5			18	42
Naiose Heneghan K2 Short Course			11		11	
Naiose Heneghan K2 Long Course				13	13	
Sean Heneghan Div 4	11	13			24	49
Sean Heneghan GP			13		13	
Sean Heneghan K2 Short Course				12	12	
Neil Fleming			15		15	15
Daniel Dziwirek K2 Long Course	12	15			27	
Daniel Dziwirek Div 7			13		13	55
Daniel Dziwirek GP				15	15	
Morgan Cooper K2 Short Course	15	15	13	13	56	56
Danny Cooper K2 Short Course	15	15	13	13	56	56
Fergal Walsh Div 3	11				11	23
Fergal Walsh K2 Short Course				12	12	
Noel O'Connell Div 4	15	12		15	42	42
Aidan O'Donohoe	9				9	9
Lucasz Dzivirek Div 7	7	15			22	38
Lucasz Dzivirek GP			8	8	16	
Matty Corr Div 5	4				4	4
Matty Corr GP			7		7	7
Beth Corr	11				11	11
Simon Hearn Div 7	13			13	26	41
Simon Hearn GP			15		15	
Martin Hearn					0	0
Carol O'Donohoe Div 7	13				13	28
Carol O'Donohoe GP				15	15	
Tanya Trofimova Div 7	11				11	11
Breigh Verdon GP	15				15	15
Valerie Ball GP	13				13	13
Audrey Butler GP	12				12	12
Laurence Coonan Div 7	15				15	26
Laurence Coonan K2 Short Course			11		11	
Darren O'Donohoe	13				13	13
Alex Fahy Div 7	12				12	12
Gemma Corr Div 7	15				15	15
Megan O'Donohoe Div 7	11				11	26
Megan O'Donohoe GP				15	15	
Katie King (GP)			15		15	15
Matt Black GP				12	12	12
David Foley GP				11	11	11
Joe Foley GP				10	10	10
Vincent O'Sullivan GP				9	9	9
Robert Dziwirek GP				13	13	13
	278	105	149	212	744	744

Ranking points system

1st	15
2nd	13
3rd	12
4th	11
5th	10
6th	9
7th	8
8th	7
9th	6
10th	5
11th	4
12th	3
13th	2
14th	1
15th	1

** novice races don't take away any Ribadeslla ranking points.

**** please message me if any results are wrong.

Summer Training

Celbridge Paddlers Training Sessions 2025
Wednesday: 18:45 Junior training
Saturday: 10:45 Junior Training
Saturday: 10:30 Ladies Training
Sunday: 09:00 / 09:30 10 KM sessions (open to all members)
Sunday 10:00 open training/coaching/new members
*** don't forget to log your times/distance on our club tracker: https://celbridgepaddlers.ie/log/ ****
Other training sessions
Tuesday 18:30 WWKC 2.5/5/10km time trials & BBQ" May - September
Thursday 19:00 SLCC 2.5/5/10km time trials " May - September
Monthly river trip training (usually one Saturday a month at the Sluice).


10K Summer Race Series

Starting Thursday, May 22nd | 7:00 PM

Salmon Leap Canoe Club

Runs weekly throughout the summer

- Open to all ages and skill levels
- Weekly 10K races
- Friendly competition & great vibes
- Spectators welcome!



WWKC Summer Time Trial

Time trial every Tuesday, at WWKC, Lower Rd, Chapelizod, D20.

First Race: 20th May, registration closes at 7pm.

- Choice of 2.5km, 5km, 7.5km and 10km distances.
- Wave format to promote wash hanging.
- Open to all boat types and speeds
- €5 entry includes BBQ (weather dependent)

All participants must be level 2 standard and members of Canoeing Ireland.





Belturbet Lakelands Annual Ranking Marathon Race



Saturday 5th July 2025 at 1 PM

Canoe Marathon Ireland Ribbidsella Ranking Race

Venue: Belturbet, Co. Cavan

Start & Finish at Belturbet Marina, River Erne,
Belturbet

Long Course: 16.5Km (No portage) Medium Course:
11Km Short course: 5km

Long Course Classes: Long Course K2/T2, Div 1, Div 2

Medium Course Classes: Div 3, Div 4, Div 5 Men/Women

5 Km course: Div 7 Women/Men, Div 7 U15 Boys/Girls,
Canoes, GP Men/Women, GP U16 Boys/Girls

All classes are deep flat water races – river & lake with no portage

Entry: Senior €20 Junior/Unwaged € 10 Family €45 (2 adult & 2 Juniors) K2/T2
€30/€20 Novice €2

Last entries: 12:00pm First Start: 13:00

CC/CAN/BCU membership cards must be shown at entry. Neither the organisers nor Canoeing Ireland accept any
responsibility for any damage or loss to persons or equipment.

Parents/Clubs remain responsible for safety of their children at all times.

Canoeing Ireland safety rules apply. For more information contact:

brendan@goodrich.ie or 087-2729918

PERPETUAL TROPHIES

- SEVEN HORSESHOES CUP –
DIV 4 WINNER
- WATERWAYS IRELAND
WOMEN'S CUP – BEST
FEMALE NEWCOMER
- WATERWAYS IRELAND CLUB
CUP – CLUB WITH MOST
PODIUM PLACES

the
seven
horseshoes
hotel

Centre



Ranking Divisions &
Recreational classes for all
types of paddle craft.
Three different Courses;
6Km, 12Km & 20Km



POULAPHOUCA PADDLE RACE



SUNDAY, 20TH JULY - 2025

BLESSINGTON LAKE, CO WICKLOW

REGISTRATION & FULL DETAILS:

www.poulaphoucapaddlers.com | 11am RACE START

Entry Fee: Adults €20 | Under 18s, Students & Unwaged €10

Canoeing



Malahide Ranking Race – Postponed

This weekends Malahide race has been postponed & rescheduled for Aug 31st due to the weather. A high Westerly wind wind is forecast with gusts > 60kph. Due to the high winds & the direction of the wind the decision was made to reschedule the race with the safety of ALL competitors in mind.

The race has been rescheduled for Aug 31st. Tides will mean it will run at approx. 14:00. Full details will be published nearer the time

Malahide Swords Canoe Club

Canoeing Ireland

Rescheduled to Aug 31st

Race Notice 25 May 2025

Location Malahide Beach Car Park Coast Road

Start Time 0900 am for all classes

Dist 1 & 2 20 mins (5 laps of 400m) (not timed) 10-12 long course

Dist 3 10-12 (5 laps) (not timed)

Dist 4 & 5 8K (2 laps) (not timed)

Dist 7 & 8 10K (1 lap)

Canoe Ireland 1st prize

Entry Fee 10 euro Seniors, 10 euro Juniors, Family 40 euro

Entry Fee 10 euro on the day

Subject to change due to weather

malahidebeach@canoeing.ie - Ring Mike



Canoeing Ireland

39m · 🌐



🚩 Liffey Descent 2025 – Date Change 🚩
Due to ESB works at Golden Falls Dam, the 64th Liffey Descent has been rescheduled to Saturday, 18th October 2025 📅

This change is necessary to ensure water levels, safety, and race quality. We know this may affect plans and appreciate the understanding of our amazing paddling community 🙏

All existing race entries remain valid, with the registration process being unchanged 📄
Its a new date but the same iconic race. Book your spot for the 18th October here -

<https://eventmaster.ie/event/1pPwfwDHeM>





Celbridge
Paddlers

KAYAKING SUMMER CAMP

Learn to kayak with qualified professionals!

Kayaks, Helmets, Lifejackets provided

July & August

Monday - Friday

10am - 4pm

Celbridge Paddlers Canoe Club

W23 ACP5



€230



Boys & Girls ages 10-15 welcome!

Limited availability, book early to
avoid disappointment

Contact email below for more
information / reservations

✉ Camps@celbridgepaddlers.ie



Registration now open.

INTERNATIONAL SELLA RIVER DESCENT

Arriendas - Ribadesella | Fiesta de las Piraguas
9th August 2025 | Declared as Fiesta of International Tourist Interest

**INSCRIPCIONES
ABIERTAS**

Haga click aquí



JULY

3rd-6th European Junior & U23 Championships, Romania

Sat 5th July Belturbet Ranking Race

Sat 12th / Sun 13th Nottingham Regatta

Sun 20th Blessington Ranking Race

Sat 26th / Sun 27th British National Marathon Championships, Norwich

AUGUST

Sat 9th Sella Descent, Asturias

Sun 17th K2 Nationals, Tramore

Sun 24th SLCC Ranking Race, Leixlip

31st October Malahide Ranking Race

SEPTEMBER

2nd -7th World Marathon Championships Győr, Hungary.

Sat 13th Lower Liffey Ranking Race

Sat 27th Liffey Descent

OCTOBER

Sun 5th Lowtown Ranking Race

Sun 12th Galway Ranking Race

18th October Liffey Descent

Date	T	Day	Club Events/Training	National Events/External Training	International Events
01/07/2025		Tuesday		SLOC Open Training	
02/07/2025		Wednesday	18:45 Junior Training		
03/07/2025		Thursday		WWC Open Training 18:30	3rd-6th European Jnr & U23 Championships, Romania
05/07/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training	Sat 5th July Belturbet Ranking Race	
06/07/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
08/07/2025		Tuesday		SLOC Open Training	
09/07/2025		Wednesday	18:45 Junior Training		
10/07/2025		Thursday	Committee Meeting (2nd Thursday of each Month)	WWC Open Training 18:30	
12/07/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		Nottingham Regatta 11th /12th July
13/07/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
15/07/2025		Tuesday		SLOC Open Training	
16/07/2025		Wednesday	18:45 Junior Training		
17/07/2025		Thursday		WWC Open Training 18:30	
19/07/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
20/07/2025		Sunday	9:30 10 KM training (Open) & New Members 10am	Blessington Ranking Race	
22/07/2025		Tuesday		SLOC Open Training	
23/07/2025		Wednesday	18:45 Junior Training		
24/07/2025		Thursday		WWC Open Training 18:30	
26/07/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		British National Marathon Championships, Norwich
27/07/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		British National Marathon Championships, Norwich
29/07/2025		Tuesday		SLOC Open Training	
30/07/2025		Wednesday	18:45 Junior Training		
31/07/2025		Thursday		WWC Open Training 18:30	
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13/08/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
15/08/2025		Tuesday		SLOC Open Training	
16/08/2025		Wednesday	18:45 Junior Training		
17/08/2025		Thursday		WWC Open Training 18:30	
19/08/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		Sella Descent, Asturias, Spain
10/08/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
12/08/2025		Tuesday		SLOC Open Training	
13/08/2025		Wednesday	18:45 Junior Training		
14/08/2025		Thursday	Committee Meeting (2nd Thursday of each Month)	WWC Open Training 18:30	
16/08/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
17/08/2025		Sunday	9:30 10 KM training (Open) & New Members 10am	K2 Nationals, Tramore	
19/08/2025		Tuesday		SLOC Open Training	
20/08/2025		Wednesday	18:45 Junior Training		
21/08/2025		Thursday		WWC Open Training 18:30	
23/08/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
24/08/2025		Sunday	9:30 10 KM training (Open) & New Members 10am	SLOC Ranking Race, Leixlip	
26/08/2025		Tuesday		SLOC Open Training	
27/08/2025		Wednesday	18:45 Junior Training		
28/08/2025		Thursday		WWC Open Training 18:30	
30/08/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
11/08/2025		Sunday	Malahide Ranking Race	Malahide Ranking Race	

03/06/2025	Tuesday		SLCC Open Training	
04/06/2025	Wednesday	18:45 Junior Training		
05/06/2025	Thursday		WWKC Open Training 18:30	
07/06/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
08/06/2025	Sunday	9:30 10KM training (Open) & New Members 10am		
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11/06/2025	Wednesday	18:45 Junior Training		
12/06/2025	Thursday	Committee Meeting (2nd Thursday of each Month)	WWKC Open Training 18:30	
14/06/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training	Instige 5k & 10k	
15/06/2025	Sunday	9:30 10KM training (Open) & New Members 10am	Thomastown Ranking Race	
17/06/2025	Tuesday		SLCC Open Training	
18/06/2025	Wednesday	18:45 Junior Training		
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21/06/2025	Saturday	10:30 Ladies Training, 10:45 Junior Training		
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25/06/2025	Wednesday	18:45 Junior Training		
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08/07/2025		Tuesday		SLCC Open Training	
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09/08/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		Sella Descent Asturias Spain
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23/08/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
24/08/2025		Sunday	9:30 10KM training (Open) & New Members 10am	SLCC Ranking Race, Leixlip	
26/08/2025		Tuesday		SLCC Open Training	
27/08/2025		Wednesday	18:45 Junior Training		
28/08/2025		Thursday		WWKC Open Training 18:30	
30/08/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
31/08/2025		Sunday	Summer BBQ & Gathering		

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02/09/2025		Tuesday			2nd -7th World Marathon Chisships Győr, Hungary
03/09/2025		Wednesday	18:45 Junior Training		
06/09/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
07/09/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
10/09/2025		Wednesday	18:45 Junior Training		
11/09/2025		Thursday	Committee Meeting (2nd Thursday of each Month)		
13/09/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training	Lower Liffey Ranking Race	
14/09/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
17/09/2025		Wednesday	18:45 Junior Training		
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28/09/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
01/10/2025		Wednesday	18:45 Junior Training		
04/10/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
05/10/2025		Sunday	9:30 10 KM training (Open) & New Members 10am	Lowtown Ranking Race	
08/10/2025		Wednesday	18:45 Junior Training		
09/10/2025		Thursday	Committee Meeting (2nd Thursday of each Month)		
11/10/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
12/10/2025		Sunday	9:30 10 KM training (Open) & New Members 10am	Galway Ranking Race	
15/10/2025		Wednesday	18:45 Junior Training		
18/10/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training	Liffey Descent	Liffey Descent
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11/11/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
22/11/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
25/11/2025		Wednesday	18:45 Junior Training		
28/11/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
29/11/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
12/11/2026		Wednesday	18:45 Junior Training		
13/11/2025		Thursday	Committee Meeting (2nd Thursday of each Month)		
15/11/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
16/11/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
19/11/2025		Wednesday	18:45 Junior Training		
22/11/2026		Saturday	10:30 Ladies Training, 10:45 Junior Training		
23/11/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
26/11/2025		Wednesday	18:45 Junior Training		
29/11/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
30/11/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
23/12/2025		Wednesday	18:45 Junior Training		
26/12/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
27/12/2025		Sunday	Pink Paddle TBC		
10/12/2025		Wednesday	18:45 Junior Training		
11/12/2025		Thursday	Committee Meeting (2nd Thursday of each Month)		
13/12/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
14/12/2025		Sunday	Turkey Race & Christmas Party TBC		
17/12/2025		Wednesday	18:45 Junior Training		
20/12/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		
21/12/2025		Sunday	9:30 10 KM training (Open) & New Members 10am		
24/12/2025		Wednesday	18:45 Junior Training		
27/12/2025		Saturday	10:30 Ladies Training, 10:45 Junior Training		